



**Wilberforce Primary**  
The best in everyone™  
Part of United Learning

# Physical Activity Policy

Governor Ratification: October 2019

Next Review: October 2020

Headteacher: Mrs C Macfie

## **INTIMATE CARE POLICY**

### **INTRODUCTION**

Wilberforce Primary is committed to promoting the health and wellbeing of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at Wilberforce Primary

The policy was formulated through consultation with a variety of our stakeholders and was implemented in November 2017.

### **ETHOS & ENVIRONMENT**

Wilberforce Primary strives to maximise opportunities for pupils and all associated with the school to be physically active, by promoting all avenues for activity. This includes the curriculum, environment and wider community.

### **PHYSICAL ACTIVITY POLICY LEADER**

The PE coordinator is Mark Jackson. The Healthy School Leader is Dave Young.

### **PHYSICAL ACTIVITY AIMS & OBJECTIVES**

Aim: To ensure that all aspects of physical activity in school are promoted for the health and wellbeing of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day
3. To increase physical activity levels of pupils, in line with national targets, and to make best use of PE and Sports Funding

### **EQUAL OPPORTUNITIES**

All physical activity opportunities offered at Wilberforce Primary are designed to be inclusive, and cater for different ability levels. For more information, please refer to the Equal Opportunities policy.

### **RESOURCE PROVISION**

Wilberforce Primary currently uses the hall and playground space with portable equipment, in order to deliver two hours of PE each week to all pupils, from Reception upwards. For the teaching of games, there will be a large playground. An annual audit of all physical education equipment is conducted by the PE leaders, in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the PE cupboard, and planning resources can be found in the PE leader's file.

## **STAFF RESPONSIBILITY & DEVELOPMENT**

PE Leader: Mr Mark Jackson

## **CURRICULUM PROVISION**

Organisation:

The PE programme is taught by class teachers.

Each child will receive the following **taught** PE time per week: 2 hours

Planning:

PE objectives each lesson revolve around the following areas:

- **Physical** Explore basic skills, action and ideas with increasing understanding.
- **Thinking** Explore how to choose and apply skills and actions in sequence and in combination
- **Healthy** Know why it is important to be active
- **Thinking & Social** Describe what they have done

Cross-curricular links:

Whilst retaining its unique contribution to a pupil's movement education, physical education also has considerable potential to contribute to wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, numeracy, PSHE and ICT skills.

Assessment:

Our teachers assess pupils based on topics covered each term and contribute to the termly written reports.

## **EXTRA CURRICULAR PROVISION**

Break times/lunch times:

Pupils have a wide range of activities to play with, including bicycles, tricycles in EYFS and balls, bean bags, skipping ropes, tennis equipment and hula hoops in KS1 & 2. Pupils are responsible for monitoring their equipment and handing equipment out to their friends.

After school clubs:

We aim to encourage all pupils to take part in a range clubs. We offer a multi-sports and activity club every afternoon after school as part of our after school extra-curricular provision. This is facilitated by Queen's Park Gardens Sports and Community Hub.

## **ACTIVE TRAVEL**

We encourage pupils to walk to school whenever possible.

### **STAFF ACTIVITY**

Our staff aspire to be positive role models for our pupils. We aim to take part in physical activity whenever possible. Staff often play games with children at playtime and demonstrate physical activity during PE lessons.

### **HEALTH & SAFETY**

Please read this policy in conjunction with our Health and Safety Policy and our Safeguarding Policy. Use of any external personnel, including sports coaches and volunteers, will be in line with Wilberforce Primary's policy on DBS/staffing checks.

### **MONITORING & EVALUATION**

The PE leader will have responsibility for the monitoring of physical activity in school. A range of measures will be used to evaluate impact of the policy.